

UPPER GI ENDOSCOPY WITH ENDOSCOPIC ULTRASOUND (EUS)

- If you have any questions about these instructions, please contact our office at 520-722-0744
- You are scheduled for an EUS with possible FNA with **Dr. ARENAS** at the following facility:
- **Tucson Medical Center**, 5401 east Grant Rd Tucson, AZ 85712. In the **GI Lab** phone: 520-324-5067
- **TMC or our Office will call you with your appointment date & time after obtaining authorization from your insurance. please note your appointment information below for your reference:**
- **Appointment Date: _____ Appointment Time: _____ Please arrive 1-hour prior; at _____**

BLOOD WORK:

1. If Dr. Arenas has ordered lab work to be done prior to your procedure. **PLEASE** be sure to have it drawn within the time specified or your procedure may be canceled.
2. Dr. Arenas has reviewed your health history and no additional lab work is needed at this time.

PROCEDURE SEDATION: Sedation for your procedure is usually provided by an anesthesiologist.

EUS PREPARATION INSTRUCTIONS

5 DAYS BEFORE YOUR EXAM

- **You Must Stop Taking the Following Medications:** (If cleared by your Primary Care Physician or Cardiologist). Aspirin, NSAIDS (Advil, Ibuprofen, Celebrex, Naproxen, Meloxicam, Diclofenac, Aleve), Coumadin, Heparin, Pradaxa, Plavix and any other blood thinners. If you must continue please let us know.
- Tylenol is acceptable to take during this time.

THE DAY BEFORE YOUR EXAM

- Stop your **oral diabetic medications** 1 day prior to your exam. You may resume these medications after your exam
- You may **NOT** have anything to eat or drink after 12:00 midnight the night before your procedure.

THE DAY OF YOUR EXAM

- **NOTHING TO EAT OR DRINK!**
- **PRIOR TO 8AM*** You may drink **water** with your morning medications such as: heart, blood pressure, seizure or other necessary medications. **NO METFORMIN OR OTHE ORAL DIEBETIC MEDICATIONS.** Nothing else to drink after your necessary medication!
- You may resume taking oral diabetic medications *AFTER your procedure*
- **Insulin dependent diabetics** should take ½ the usual dose of Insulin the day of your exam. Continue to monitor blood sugar as usual.
- Please bring a list of your medications with you.
- **SOMEONE MUST DRIVE YOU HOME AFTER YOUR EXAM.**

Dr. Miguel Arenas, 7445 E Tanque Verde RD. Tucson, AZ 85715

520-722-0744 PH, 520-722-0745 Fax